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Note the changes—File for reference.

CAMP KIWANIS SOUTH IN THE FOREST PRESERVES

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Sponsored by the Englewood, Garfield
Boulevard, Woodlawn, and the Chicago
Kiwans Clubs, for Scouts of the South
Central, South Shore and South West
Districts

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ACTIVITIES DEPARTMENT

Chicago Council, Boy Scouts of America
37 South Wabash Avenue
CHICAGO

THE FACILITIES

There are ten buildings accommodating a total of 114 scouts. One lodge has room for 22 scouts, three shacks take 12 each, four take 10 each and two take 8 each.

HOW TO BOOK THEM

Reservations for the accommodations open at 9:00 A. M. on the first Monday of each month for dates in the following month: For example, on or after Monday, March 3rd, you may call up and make reservations for any date in April. Once reservations are made for a particular date, accommodations may be booked as long as there is available space. First come first served.

Call in person, by telephone, or write.

The young lady at the switchboard will hold what space is available to fill your request. This must be accompanied or followed within 48 hours by a deposit of \$2.00 in cash, check or money order. If the deposit is not received, at the end of that time the space will be thrown open again.

This system tends to assure more complete use of the limited facilities. In the past, troops have reserved space and failed to use it. This is not fair to other troops.

On receiving the deposit, clerk will issue a receipt and permit to use camp, stating quarters assigned and other information.

Arrangements may be cancelled and the deposit refunded to the troop if the permit is returned at least seven days before the date reserved for. If this is not done, deposit will be retained.

Give the following information in making registrations:—Troop number; Date desired; How many Scouts plan to attend? (so that we may allot adequate space); Name of the adult leader in charge of party?

If space is available the clerk will send you permit which is to be given to the caretaker upon arrival. He will give you the equipment to which your troop is entitled. (See equipment.)

REGISTRY OF SCOUTS: Along with the permit will be given a form to the Scoutmaster to list the names and addresses of Scouts in attendance. This is kept by the caretaker for use in the event of emergency.

ON ARRIVING AT CAMP turn permit over to caretaker, together with list of scouts on form

which will be sent you with permit. This will give your troop credit for attendance.

THE LEADER IN CHARGE OF THE TROOP WILL BE RESPONSIBLE for compliance with all camp regulations. Before leaving camp, report to caretaker, who will inspect quarters and equipment. On the basis of his report your deposit will be returned.

Location HOW TO REACH CAMP

Located in the Cook County Forest Preserve in the beautiful hills of Palos Park. Bounded on the north by 95th Street, on the east by 10th Avenue, on the south by 107th Street and on the west by 104th Avenue, a mile south of Willow Springs.

HOW TO GET THERE

Street car route—Archer Avenue car to end of line (Cicero Avenue) Chicago—Joliet Electric Ry. cars to Willow Springs. Hike south on 104th Avenue about one mile to 95th and into the preserve.

Bus route—Bus leaves "L" station at 63rd and Halsted Streets proceeding to 95th Street and Vincennes Avenue. From here they go west on 95th Street to Palos Park. Saturday and Sunday Schedule—Buses leave 63rd and Halsted Streets every hour on the even hour from 6 A. M. to 6 P. M. Return from Palos Park every hour (same as above). During severe weather parties should call the South West Towns Bus Company, Worth 20 W 2, to make sure trip will be taken. Fare on bus, round trip would be 60 cents from 63rd and Halsted Streets and 50 cents from 95th and Vincennes. Better service has been promised later in the season.

Automobile route—West on 95th Street to 100th Avenue, a dirt road, 1 mile west of Kean Avenue. Camp entrance is about $\frac{3}{4}$ mile south of 95th Street on 100th Avenue. Watch for signs.

EQUIPMENT

Each shack is provided with bunks and straw-ticks, which are cleaned and restuffed periodically. Each shack has an axe, a lantern, water bucket, garbage pail, dish washing pail, coal bucket and broom, and may be supplied with coal at the rate of 15 cents per bucket. Rakes, pitchforks and shovels are available for use as needed. The troop is responsible for the return of equipment in satisfactory condition. Buckets should be used only for purposes marked.

THE CAMP REGULATIONS

Troops must have adult leader in charge.

Overnight attendance will be limited to troops registering in advance and attending with adult leader (Scoutmaster, Assistant Scoutmaster, Troop Committeeman, parent of Scout, or other competent adult appointed by the troop and approved by the Council.)

Individual Scouts may attend under a Patrol Leader, Senior Patrol Leader, Junior Assistant Scoutmaster, or adult leader for day trips provided each group presents upon arrival a permit signed by the Scoutmaster, and each Scout having written permission of his parents. No arrangements need be made in advance with Headquarters for this type of hike.

Leave all axes at home.

No firearms in camp.

Camp property is to be respected and taken care of. It must be returned in the same condition it was borrowed. Troop accepts the responsibility for replacement of equipment damaged.

Keep camp clean at all times, but particularly clean up after your visit. Use the pit provided for garbage and refuse. Smash and burn tin cans and then put in pit. Clean out tent interior and exterior thoroughly.

Each troop leader is responsible for discipline of his Scouts. Where policies and equipment of the camp are concerned the Camp Director or caretaker is in absolute charge, and Scoutleaders should co-operate with him.

A definitely planned program should be carried out by the troop. The Activities Department will be glad to suggest programs or assist you with your plans.

Troops should arrive in camp no later than 9:00 P. M. and after 10:00 P. M. there should be quiet.

Imperative that fires be built only in designated spots. Put out all fires on leaving.

Cut no standing timber without Camp Director's or caretaker's permission.

Latrines are provided for your use. No other place should be used. The health of the campers is paramount.

Drinking water should not be contaminated by washing near the pump.

When walking along roads—walk on left side for safety's sake.

In going to nearby towns, or in contact with the neighbors, remember that your Scouts according to their actions are an advertisement either for or against Scouting.

PLANNING THE OVERNIGHT HIKE

Plan to have at least one overnight hike every three months.

In planning a particular overnight hike, sit down with your patrol leader and assistants and plan:—

Date — place — time to leave and return — how to go — transportation.

Program.

Fix the responsibilities for jobs.

Check on appearances — wear uniforms — avoid sloppy, unscoutlike bundles.

Make sure of health conditions, water, toilets, protection from cold and wet, first aid.

Determine number who desire to go on hike.

Find out cost per Scout and arrange to collect it.

Arrange the food — and the equipment of the individual, patrol and troop.

Planning the Programs

Each hike to be built about one central idea that's different each time. For example:—

A patrol camping contest.

A wilderness hike with boys improvising own shelter and equipment and cooking own food in primitive manner.

A treasure hunt.

A test passing hike.

A nature hike—with a bird hike—a tree treasure hunt—a track casting expedition, etc.

A North Pole hike with skating, coasting, etc.

A star hike.

Or any one of a hundred other ideas.

The Routine

Set a time schedule.

Saturday—

1:30 P. M.—Leave meeting place.

3:00 P. M.—Arrive—arrange camp.

4:00 P. M.—Games or activity.

5:30 P. M.—(depending on daylight) Cooking (by individuals—by patrols—or occasionally for the whole troop).

7:30 P. M.—Night game.

8:30 P. M.—Campfire — patrol and individual stunts — songs — yells — stories — games — campfire eats — Taps song.

10:15 P. M.—Taps — Everybody to get in and pipe down! With good leadership it can be done.

Sunday—

7:00 A. M.—Everybody out.

7:45 A. M.—Breakfast.

8:30 A. M.—Opportunity for exercise of religious obligations. Catholic Scouts to Mass, undenominational service of an outdoors nature.

9:00 A. M.—The big activity.

11:00 A. M.—Free time.

11:30 A. M.—Start lunch.

12:30 P. M.—Lunch.

1:30 P. M.—A nature hike—or other activity—games—contests—instruction, tests.

4:00 P. M.—Clean camp—pack up.

4:30 P. M.—(or later) Start for home.

The main thing is to have a program—planned in advance—with the various jobs assigned to people to carry out—and using your patrols.

Put adventure, romance, and fun into it but remember health and safety.

Your Troop Should Provide

Cooking utensils either for individual Scouts, patrols, or for mass cooking for the entire troop as desired for the particular hike. See "Winter Camping" published by National Headquarters and for sale by the Trading Post for \$1.00, or the Scoutmaster's Handbook for sale for \$1.00 at the Trading Post, for further suggestions on hike utensils, equipment, food and program.

COOKING EQUIPMENT

(Patrol)

4 kettles—(in size so as to fit into one another for packing. With tight-fitting lids).

Large frying pans (light iron—folding handle).
Pancake turner.

Can opener.

Salt and pepper holders.

Two extra plates.

Two cooking spoons.

Bag to hold cooking outfit.

Pushtop tins to hold flour, sugar, grease and other articles as needed.

Dish cloth.

Two dish towels.

Matches (waterproofed box or small can).

Soap powder—cleanser.

Other Equipment for Troop

First Aid Kit.

Nails, safety pins, needles, thread, etc.

Tents if to be used.

Toilet Paper.

Individuals to furnish—plate, bowl, knife, fork, spoon, cup.

SOME SUGGESTED MENUS

On some hikes plan the menu to give Scout practice for the second class, first class or cooking merit badge, etc.

Breakfasts

Fruits

Prunes, or oranges, or apricots.

Cereals

Oatmeal, or Cream of Wheat, or cold cereal.

Meats, Eggs, etc.

Potatoes fried with eggs, or bacon and eggs, or creamed beef, or scrambled eggs.

Breads

Bread, or rolls, or toast, or flapjacks.

Beverage

Cocoa.

Lunches

Soup or stew or a picnic lunch with sandwiches, etc.—or Kabob.

Breads

Biscuits, or bread, or twist on a stick.

Desserts

Stewed fruit or fresh fruit.

Beverage

Milk or lemonade.

Suppers

Creamed salmon or macaroni with cheese or tomatoes.

or

Vegetables

Potatoes (baked or boiled)—fresh vegetables in season—dried beans—beans baked in a hole with bacon.

Breads

Bread, or crackers, or biscuits,—or pan baked bread—cornbread or muffins.

Desserts

Rice and raisins—cake—crackers and peanut butter—chocolate.

Beverage

Cocoa or milk.

Be sure to include butter, milk, salt, sugar and pepper.

Eliminate the canned material and the sandwich camping as much as possible.

If boys furnish own food individually or by patrols, see that they have a fairly well balanced menu. Attention should be given to respective special diet necessities of Catholic boys on Friday and of Jewish boys.

Each Scout Should Provide

(Remember a Scout goes light—but is comfortable and protected from extreme exposure.)

Pocket knife, eating equipment (if not provided by the troop)—knife, fork, spoon, cup and plate.

Blankets—minimum of two for warmest weather and with three or four in colder weather.

Blankets should be three pounds wool or equivalent.

Poncho, or rubber blanket, or shelter half, or raincoat.

Toilet articles such as soap, towel, toothbrush, toothpaste, comb.

Pajamas or extra suit of wool underwear—extra wool socks—wool sweater or windbreaker, extra handkerchief.

Optional articles may be brought along, depending on the need and the ability to carry comfortably. Some of these are camera, field glasses, compass, pocket match container (waterproof), pocket bird tree or flower guide, bathing suit, flashlight, etc.

INDIVIDUALS SHOULD LEAVE AXES AT HOME. The Forest Preserve authorities will confiscate axes carried by individuals, inasmuch as so much damage has been done to the shrubbery and trees by untrained Scouts.

Articles should preferably be contained in pack-sack or rover pack, or some other form of camp

pack. The Duluth Packsack, or the Komfort Pack are good packs. The Chicago branch of the National Supply Department B. S. A., has good packs for sale. If no pack is available, a makeshift pack can be made by the use of poncho and improvised packstraps. As a last resort, blankets can be made into blanket roll with articles inside.

Scout should wear regulation uniform with neckerchief if owned. Woolen underwear should be worn in cooler weather. Scout lumberjacks or mackinaws add to comfort and appearance in cool weather. Scout hat with woolen cap to pull over ears in cool weather. Shoes are most important. They should fit, be in good repair, treated with grease to waterproof, and with no nails sticking up in them. The Official Scout Shoes are recommended. Stockings should not have holes or bad darns on heel. Wearing two pairs is a good camper's kink.

Every Scoutmaster Should Own

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| "Winter Camping," Nat'l Supply Dept..... | \$1.00 |
| "Scoutmasters' Handbook," Nat'l Supply Department | 1.00 |
| "The 'How' Book of Scouting," Nat'l Supply Dept. | 1.00 |
| The Scout Handbook, Nat'l Supply Dept. | .50 |
| Smith's "Games and Recreational Methods," Nat'l Supply Dept. | 2.00 |
| Camping, Cooking, Pioneering Merit Badge Pamphlets | 20 cents each |
| Patrol Leader's Handbook..... | .75 |

Scoutmaster shall be sure that each Scout fully understands the CAMP REGULATIONS and WHAT EACH SCOUT SHOULD PROVIDE.

Remember

Outing is three-fourths of Scouting. It therefore deserves a large share of your time in planning the program of the hike.

At least one hike a month with an overnight hike at least every three months should be the troop objective.

Health and Safety — *always*.

